



BrainWave Centre

Objective Measurement...
Confident Management

INFORMATION Sheet

ADHD Child Checklist

Does your child have ADD/ADHD?

- Easily distracted
- Poor short term memory
- Forget instructions
- Fail to finish tasks
- Disorganised
- Appears not to hear when people speak to them
- Learning difficulties
- Excess restlessness; in constant motion
- Have difficulty sitting still or staying seated
- Insatiable; never satisfied
- Acts without thought or sense of safety
- Unpredictable behaviour
- Needs constant supervision
- Interrupts and intrudes on others
- Easily frustrated; tantrums, moody
- Impatient and/or intolerant
- Irrational; overreacts to touch, sound, pain
- Peer rejection, low self esteem
- Oppositional behaviour/conduct disorder
- Aggressive, destructive, defiant, devious
- Argumentative; swears
- Fascinated with fire
- Can act with cruelty and/or violence
- Unresponsive to punishment
- Clumsy; lacking good sense of balance
- Difficulty in dressing, lacing and buttoning
- Poor ball skills; mixed right-left dominance
- Writing can sometimes be large and spidery
- Reversal in letters and spelling
- Excessive thirst and perspiration
- Poor temperature sense control;
- Ear trouble (infections, glue ear)
- Eye trouble (puffiness, dark circles, squinting)
- Headaches, muscle, or stomach pains
- Digestive upsets; air hunger
- Food and drink cravings, e.g. sugar, milk
- Prone to infections e.g. colds, allergies, eczema, hives

If you answered yes to these questions then there is the possibility that it may reflect more than just personality or chance. There may be a neurological or genetic explanation for this behaviour.

Ask your doctor for more information or for a referral to the BrainWave Centre for objective assessment.